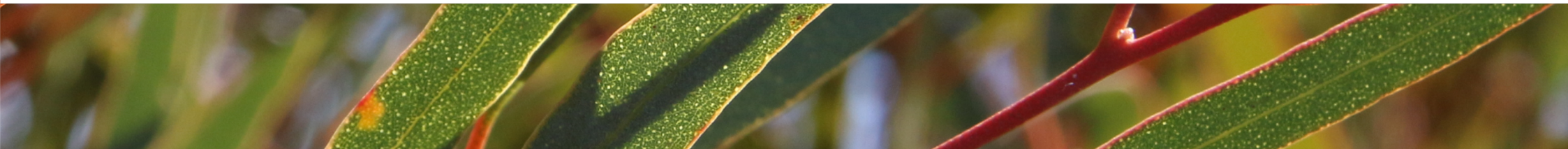


Shire OF
Wiluna



Wiluna Public Health Plan 2026-2031



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Acknowledgement of Country

The Shire of Wiluna acknowledges we are on Tarlka Matuwa Piarku and Tjiwarl Country, on the lands of the Martu People, whose ancestors and their descendants are the Traditional Owners of this country.

We acknowledge the Martu People have been custodians since this land was soft (creation times) and continue to perform age old ceremonies of celebration, initiation and renewal.

We acknowledge their living culture and their unique role in the life of this region.

The Shire also acknowledges the Birriliburu Traditional Owners who hold exclusive native title to the Birriliburu determination area held in trust by the Mungarlu Ngurrarankatja Rirraunkaja (MNR) PBC.

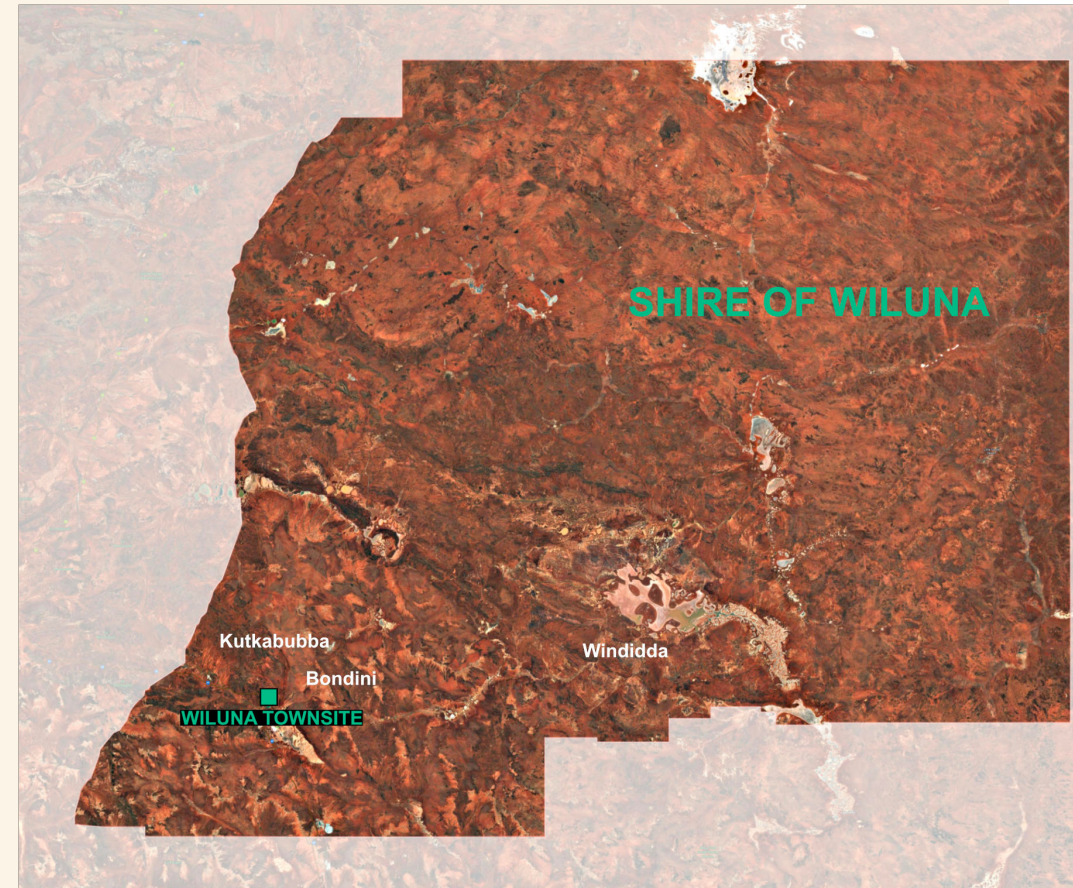
The Shire is committed to Aboriginal Australians sharing fairly and equitably in the region's cultural, social, environment and economic future.

Wiluna, thought to mean 'place of winds' in Martu, is the gateway to the great Canning Stock Route (to the north) and on the edge of the Little Sandy Desert (to the east) and is surrounded by the Shires of Ngaanyatjarrkau, East Pilbara, Leonora, Laverton, Sandstone and Meekatharra.

In addition to the town of Wiluna, the Shire is home to the following communities:

- Bondini (5 km East)
- Kutkububba (30 km north); and
- Windidda pastoral lease (200km east).

Wiluna enjoys a culturally diverse community of Martu, non-indigenous people born and bred in the area, and people from Pacific Rim countries such as Fiji and the Philippines.



Introduction

We are pleased to present the first Shire of Wiluna Public Health Plan for 2026 – 2031. The Plan has been written to address the health shortcomings of the local community and to plan for better health outcomes for the future. This is our first public health plan that we are required by the Public Health Act 2016 to implement. We shall endeavour to work closely with our health service providers, principally the Mid-West Public Health Region of the Western Australian Country Health Service (WACHS), the Ngangganwilli Aboriginal Health Service (NAHS), and other allied health providers in our local communities.

While the 2021 Census reported significantly less persons living in the Shire than in the 2016 Census, recorded data from the Epidemiology Unit of the Department of Health (Western Australia) showed there was a real improvement in reported health outcomes of the remaining population. It is pleasing to see the community beginning to address significant health issues such as being overweight and suffering poor nutrition, to smoking less and taking up passive and active recreational activities. An active community with good nutrition will become a healthy community with less long-term health problems such as diabetes, heart disease and lung diseases.

This Public Health Plan is the first edition of what promises to be a successful transition of the general community to better health outcomes. Please enjoy reading and please feel welcome to provide your feedback and suggestions for future plans.

Cr Jenna Siddall

Shire President

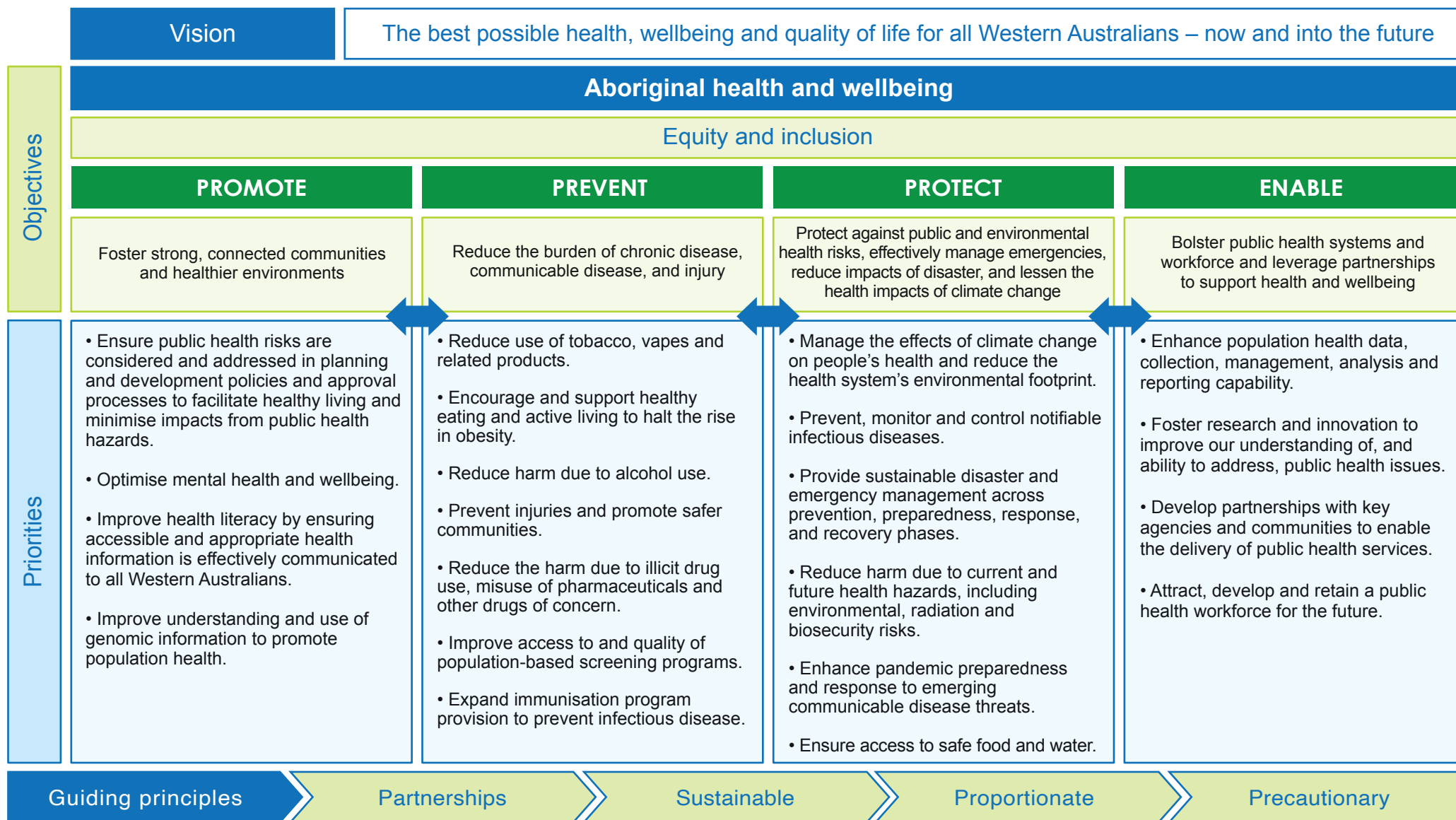
June 2026

Mr Matt McIntyre

Chief Executive Officer

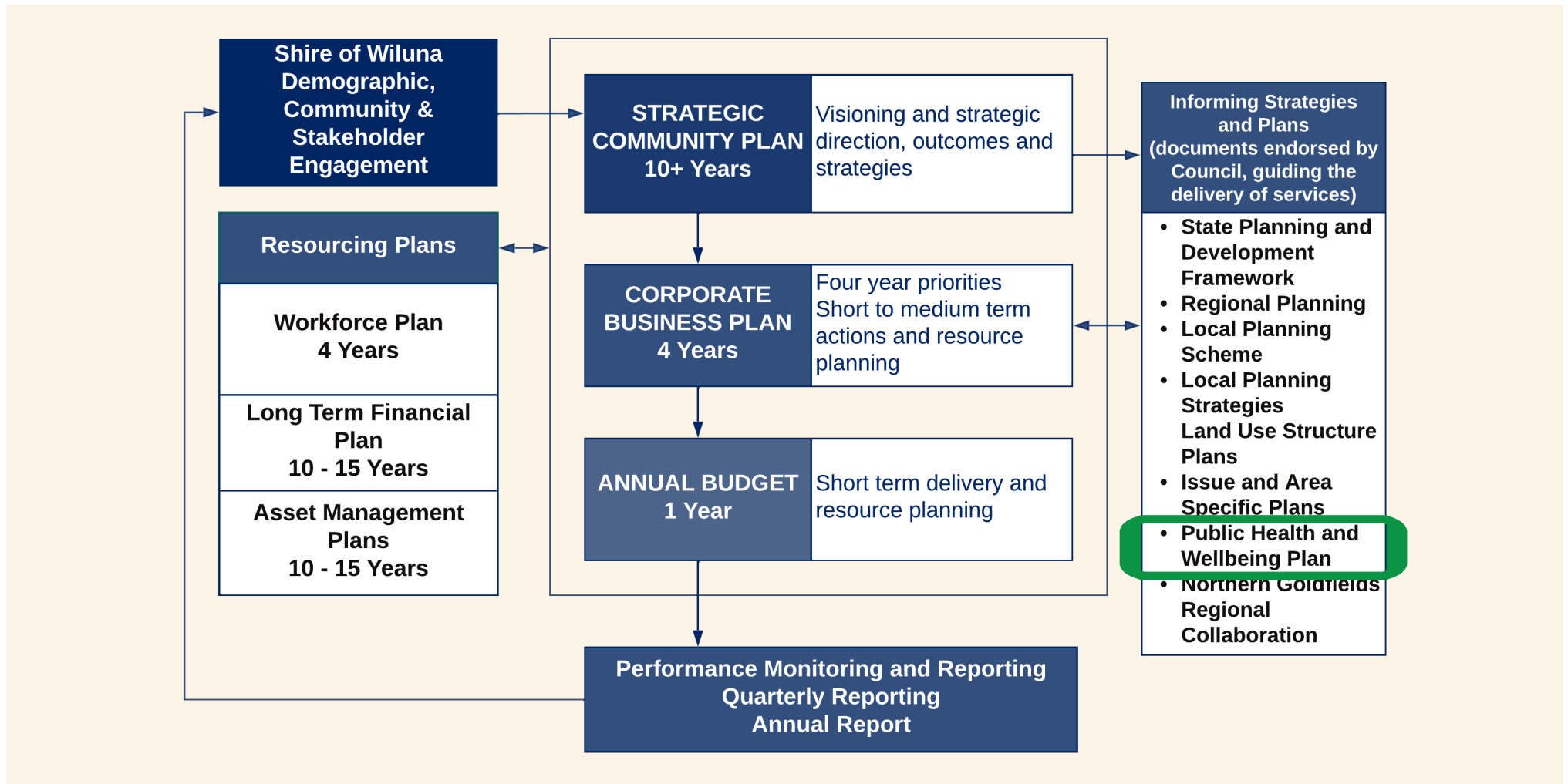
June 2026

WA State Public Health Plan



Integrated Planning and Reporting Framework

Ref: Shire of Wiluna - Plan for the Future 2022-2032



Strategic Community Planning Component

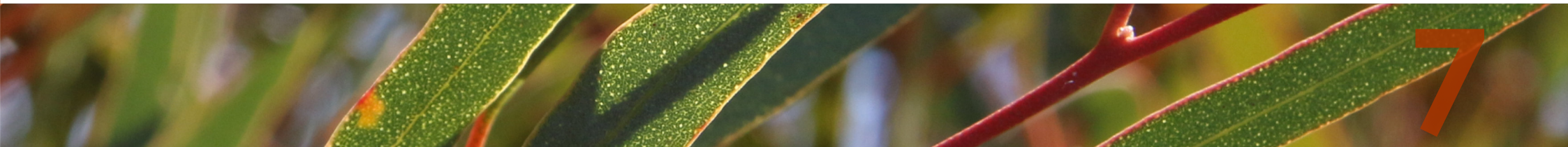
The Strategic Community Plan (Plan for the Future) is Council's principal 10-year strategy and planning tool, guiding the remainder of the Shire's strategic planning. Community engagement underpins the Strategic Community Plan. An essential element of the development process is to enable community members and stakeholders to participate in shaping the future of the community, identifying issues and solutions.

Strategic Direction

The Shire of Wiluna delivers services to its community in line with its vision, values and the four key themes and strategic objectives. While all are important, Council's role may vary, including being the doer, collaborating and advocating on behalf of the community.

The Plan is based on four key themes:

- **Our People** – An inclusive and healthy community, celebrating our rich and cultural diversity and heritage.
- **Our Economic Development** – A strong, diverse and sustainable economy.
- **Our Environment and Infrastructure** – Responsible management of our natural environment, supporting a safe, attractive and connected Wiluna.
- **Our leadership** – Deliver strong leadership and governance.



Our Current Health Role

The Shire of Wiluna provides a range of funding to support the health of our community.



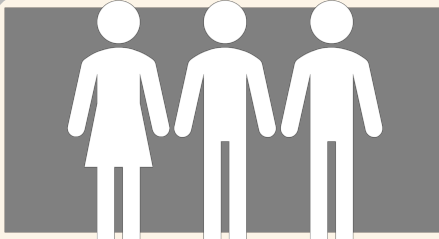
These are explained in more detail in the core business described here:

- Infrastructure and property services, including provision of local roads, footpaths, drainage, waste collection and management, and sewerage services
- Environmental Health Services to prevent and control environmental health hazards, emissions and communicable diseases (i.e., tobacco control, water and food safety, noise and air pollution and animal & mosquito control).
- Community care and welfare services.
- Cultural facilities and services, such as libraries, art galleries and places of historic importance and museums.
- Provision of recreation facilities, such as parks and sports fields, swimming pool and recreation centre.
- Building services, planning and development control, including inspections, licensing, certification and enforcement.
- Administration of facilities, such as the cemetery, street parking, solid & liquid waste disposal sites.
- Local Government Health Law Enforcement, Ranger and Emergency Services.

Snapshot of the health of people living in the Shire of Wiluna

Ref: Health and Wellbeing Profile Shire of Wiluna 2011 – 2020 (October 2024) Epidemiology Directorate, Department of Health WA

*2016 Census Data only available for the Mid-West Region



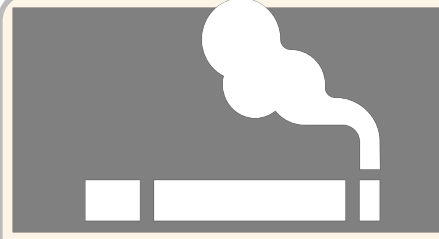
Population Statistics

***2016 Census for Mid-West Region**

- Wiluna population 720 persons
- 30% were A&TSI people, compared to 3.1% for WA
- Males 2/3 to females 1/3

2021 Census for Wiluna

- Wiluna population 570 persons
- 35% are A&TSI people, compared to 3% for WA
- Males 2/3 to females 1/3




Tobacco Smoking

***2016 Census for Mid-West Region**

- One in six adults (16%) smoked
- 1.4 times higher rate of lung cancer incidence than WA State average.

2021 Census for Wiluna

- 5.6% of males & 7% of females are current smokers, better than WA
- Hospitalisations from smoking tobacco are 8 times higher than for WA
- Deaths from smoking are 7 times higher for females than for males, both much higher than WA average.




Alcohol Intake

***2016 Census for Mid-West Region**

- Over a third (35%) drank alcohol at high risk levels for long-term harm, much higher than WA State average.

2021 Census for Wiluna

- Wiluna residents drink more than 4 std drinks per day, higher than WA
- Wiluna males drink more alcohol than females and higher than WA average.



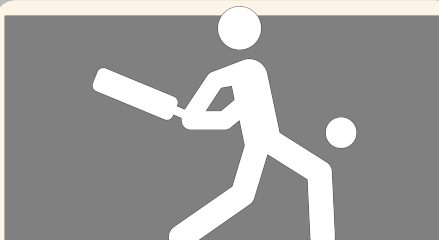
Obesity

***2016 Census for Mid-West Region**

- Over a third of adults (35%) reported height and weight measurements that classified them as obese, significantly higher than WA average.

2021 Census for Wiluna

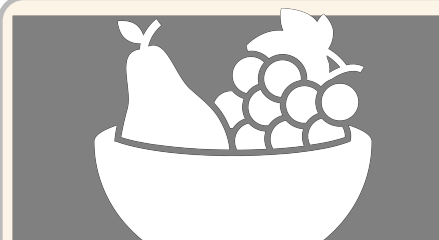
- Males – 37% are overweight & 23% are obese
- Females – 27% are overweight & 22% are obese



Exercise

2021 Census for Wiluna

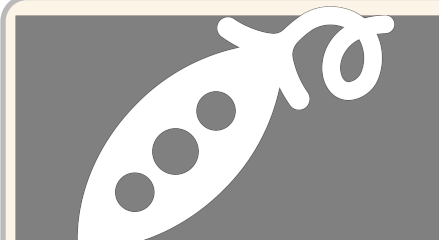
- Wiluna residents undertake 7% - 10% less physical exercise per week than WA average.



Nutrition - Fruit

2021 Census for Wiluna


- 46% males & 55% females eat at least 2 serves of fruit daily which is like WA.



Nutrition - Vegetables

2021 Census for Wiluna

- 7% males & 13% females eat less than 5 vegetables per day, better than WA average.



Screen Time

2021 Census for Wiluna

- Wiluna residents spend 7% per week less time watching screen-based leisure activities than WA average.

Public Health Plan Priorities

The Shire of Wiluna supports the wider health and wellbeing outcomes of the Wiluna Community by supporting and strengthening public health objectives, being:

PROMOTE	Foster strong, connected communities and healthier environments.
PREVENT	Reduce the burden of chronic disease, communicable disease, and injury.
PROTECT	Protect against public and environmental health risks, effectively manage emergencies, reduce impacts of disaster, and lessen the health impacts of climate change.
ENABLE	Bolster public health systems and workforce and leverage partnerships to support health and wellbeing.

Public Health Plan - Actions

OBJECTIVE 1: <u>PROMOTE PUBLIC HEALTH</u>											
			Implementation Pillars				Timeframes				
Objective	Action	Aspiration	Advocate	Deliver	Educate	Partner	26 / 27	27 / 28	28 / 29	29 / 30	30 / 31
1.1 Promote healthy lifestyle choices	1.1.1 Encourage healthy lifestyle choices for Council Events.	Community	✓		✓			✓			
	1.1.2 Encourage smoke free zones in public spaces in Wiluna townsite.	Community / Infrastructure	✓		✓			✓			
	1.1.3 Engage with young people to support placemaking initiatives, fostering a sense of belonging, cultural connection & community resilience.	Community	✓		✓				✓		
	1.1.4 Encourage the provision of shade in public spaces and increased use of tree canopy to cool temperature in Wiluna townsite.	Community / Infrastructure		✓			✓				

Public Health Plan - Actions

OBJECTIVE 1: <u>PROMOTE PUBLIC HEALTH</u>											
			Implementation Pillars				Timeframes				
Objective	Action	Aspiration	Advocate	Deliver	Educate	Partner	26 / 27	27 / 28	28 / 29	29 / 30	30 / 31
1.2 Improve community health by advocating for preventable health screening for cancers, blood pressure, cholesterol and eye & hearing health.	1.2.1 Engage allied health services to monitor population for Cancer screening for breast, skin & prostate cancers.	Community	✓			✓	✓				
	1.2.2 Encourage whole of community screening to further improve health outcomes for nutrition, obesity & blood pressure to prevent diabetes, lung diseases, urinary conditions and heart ailments.	Community	✓			✓	✓				
	1.2.3 Undertake screening for eye health screening for glaucoma & cataracts.	Community	✓			✓	✓				
	1.2.4 Undertake screening for hearing for preschoolers to reduce the incidence of glue ear and reduce learning impediments.	Community	✓			✓		✓			

Public Health Plan - Actions

OBJECTIVE 1: <u>PROMOTE PUBLIC HEALTH</u>											
			Implementation Pillars				Timeframes				
Objective	Action	Aspiration	Advocate	Deliver	Educate	Partner	26 / 27	27 / 28	28 / 29	29 / 30	30 / 31
1.3 Continue to promote healthy lifestyles through Community Events & Shire funded recreation centres	1.3.1 Council coordinate public events to promote healthy lifestyle choices.	Community		✓			✓	✓	✓	✓	✓
	1.3.2 Council continues to provide recreation opportunities in buildings designed with safety and are accessible.	Infrastructure		✓			✓	✓	✓	✓	✓

Public Health Plan - Actions

OBJECTIVE 2: PREVENT PUBLIC HEALTH RISKS											
			Implementation Pillars				Timeframes				
Objective	Action	Aspiration	Advocate	Deliver	Educate	Partner	26 / 27	27 / 28	28 / 29	29 / 30	30 / 31
2.1 Minimise the incidence and community spread of infectious diseases through education, vaccination & monitoring public health risks.	2.1.1 Encourage allied health professionals to maintain herd immunity for vaccine preventable illnesses.	Community	✓			NAHS	✓	✓	✓	✓	✓
	2.1.2 Monitor mosquitoes & other vectors to minimise the transmission of infectious diseases.	Environment Infrastructure		✓	✓	NAHS	✓	✓	✓	✓	✓
	2.1.3 Manage waste collection to reduce fly breeding & disease transmission.	Environment Infrastructure		✓	✓		✓	✓	✓	✓	✓
	2.1.4 Manage waste disposal to minimise animals scavenging on tip site, birds spreading disease and fly breeding.	Environment Infrastructure		✓	✓		✓	✓	✓	✓	✓
	2.1.5 Provide advice for the safe disposal of asbestos cement products and contaminated industrial wastes.	Environment Infrastructure		✓	✓		✓	✓	✓	✓	✓
	2.1.6 Monitor the natural environment when considering and developing local planning policies	Environment Infrastructure		✓	✓		✓				

Public Health Plan - Actions

OBJECTIVE 2: <u>PREVENT PUBLIC HEALTH RISKS</u>											
			Implementation Pillars				Timeframes				
Objective	Action	Aspiration	Advocate	Deliver	Educate	Partner	26 / 27	27 / 28	28 / 29	29 / 30	30 / 31
2.2 Plan & maintain public spaces to maximise shade, improve walking pathways and ensure safe walkways for disabled persons	1.4.1 Forward planning to provide shade tree canopy in townsite to reduce ambient temperature.	Infrastructure		✓			✓				
	1.4.2 Plan for safe walkways around townsites to encourage persons to undertake daily exercise.	Infrastructure		✓			✓				
	1.4.3 Conduct inspection of playground equipment to ensure that it is safe to use and free of defects through use.	Infrastructure		✓			✓	✓	✓	✓	✓

Public Health Plan - Actions

OBJECTIVE 3: <u>PROTECT</u> THE POPULATION AGAINST PUBLIC HEALTH RISKS											
			Implementation Pillars				Timeframes				
Objective	Action	Aspiration	Advocate	Deliver	Educate	Partner	26 / 27	27 / 28	28 / 29	29 / 30	30 / 31
3.1 Conduct regular inspections of food preparation areas, accommodation facilities, and public buildings to ensure that public health risks are minimised.	3.1.1 Inspect all food for sale to ensure that food is adequately stored, processed, and maintained in a disease-free condition, and food handlers are properly trained and possess adequate skills & knowledge to safely handle food.	Environment		✓			✓				
	3.1.2 Encourage the safe serving and consumption of low strength alcohol in community venues.	Community Environment	✓		✓		✓				
	3.1.3 Protect the community from risk of injury by installing & maintaining safe infrastructure in community buildings for disabled accessibility & playgrounds for current safety standards.	Infrastructure			✓		✓	✓	✓	✓	✓
	3.1.4 Create smoke-free community events to minimise the use of nicotine and tobacco products.	Community Infrastructure		✓		✓		✓			
	3.1.5 Develop responses to climate change through community preparedness and forward planning for emergencies such as flooding, bushfires and HAZMAT incidences.	Planning Emergency Management Environment		✓		✓	NAHS	✓			

Public Health Plan - Actions

OBJECTIVE 4: <u>ENABLE THE COMMUNITY TO MANAGE PUBLIC HEALTH RISKS</u>											
			Implementation Pillars				Timeframes				
Objective	Action	Aspiration	Advocate	Deliver	Educate	Partner	26 / 27	27 / 28	28 / 29	29 / 30	30 / 31
4.1 Enable the community to manage public health risks	4.1.1 Support community groups in applying for grants to offer healthier food options by encouraging healthy food options at Council co-ordinated events.	Community	✓		✓	NAHS	✓				
	4.1.2 Support community events by promoting smoke-free and vape-free environment through clear advertising and signage to ensure patrons can breathe clean and healthy air.	Community	✓		✓	NAHS	✓				
	4.1.3 Program & conduct accessibility audits of public buildings e.g., libraries, community buildings, to ensure compliance with standards.	Infrastructure			✓		✓	✓	✓	✓	✓
	4.1.4 Review and implement Shire's Disability & Inclusion Plan.	Infrastructure			✓			✓			
	4.1.5 Partner with state government agencies to enhance community resilience though delivery of emergency preparedness programs.	Infrastructure Environment			✓	✓	Transport Police Main Roads DFES WACHS	✓		✓	

